

The Eggo Fly



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Every fall, millions of salmon lay billions of eggs, creating a feeding frenzy trout and steelhead can't resist. Eggs are found on the bottom and because the Eggo Fly incorporates lead eyes heavy enough to keep it on the bottom, it's a real winner.

Materials Needed:

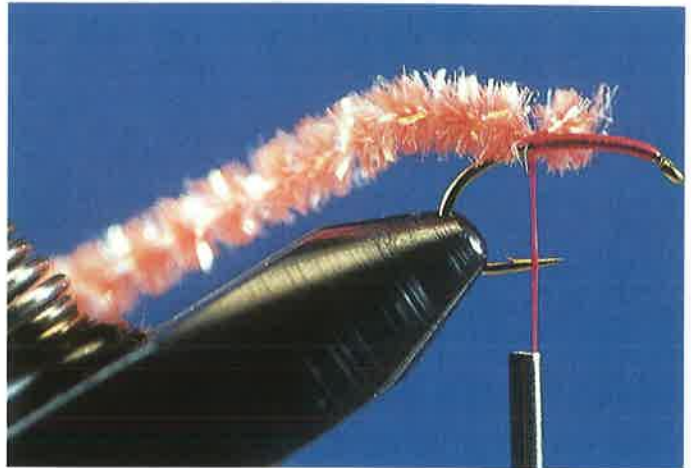
#8 or #10 short-shank hooks such as Tiemco #2457, size large nickel-plated lead eyes, hot red monocord thread, scissors, super glue, fly-tying vise and red, orange or pink "new age" chenille.



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Tip: The chenille doesn't have to be "new age" chenille, but it does make a superior Eggo fly.

Tying the Eggo



Wrap the thread back to the point of the hook and tie in the chenille.



Tie in the eyes with figure eights of thread and coat with super glue.



Figure-eight the chenille around the eyes to form the egg, then tie off the chenille. The fly is finished.

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Lock hook in the vise and coat the shank with a little super glue, creating a good bond between the hook shank and the thread greatly improves the Eggo's durability. Wrap the thread back to the point of the hook and tie in the chenille. Wind the thread forward to the mid point and tie in the eyes with figure-eights of thread. Coat the figure-eights with more super glue. Figure-eight the chenille around the eyes to form an egg. Tie off the chenille at the head, trim and apply another dab of super glue taking care to keep it out of the hook eye. Fly is finished.

Tip: Use wooden toothpicks to apply the super glue.

Tip: It takes a few tries to get your chenille figure-eight pattern just right. Experiment on a dry (no super glue) pattern until you like the result, unwind the chenille *and then* coat with glue and finish as usual.

Tip: If you accidentally get super glue in the eye (it happens), clean it out by running some monofilament leader through the eye while the glue is still wet.

Fishing Tips

The Eggo fly can be used with either indicator fly-fishing or spin-fishing float tactics. Rig the Eggo with a 6- or 8-pound leader 3' to 5' below a small weighted float for spin-fishing or yarn indicator if you're fly-fishing.

Approach the water carefully. Often, the biggest trout and steelhead will be lying close to shore. Also, from a conservation standpoint, not wading at all is recommended if you see salmon spawning in the area. The future of your fishing is lying in that gravel!

Get into position, cast upstream along a current edge and watch closely as the float/indicator drifts naturally downstream. Usually it will be yanked under water when a fish strikes, then you'll have about five seconds to set the hook before the Eggo is detected as a counterfeited and the fish spits it out. A natural drift is very important. Slack line helps the float/indicator drift naturally but too much slack equals missed strikes. With practice, you'll develop a balance between just enough slack for a natural drift and just enough tension for a quick hook-set.

From Labor Day until the end of trout fishing season, loose eggs from spawning salmon create the year's best angling opportunities. Good fishing!



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